



Friday October 31, 2014

Karen Petticrew
Research Coordinator
Mach-Gaensslen Foundation of Canada

RE: 2014 Report - Mach Gaensslen Foundation Grants – CHEO

**Pilot RCT of a Brief Group Intervention for Adolescents with Mild to Moderate Suicidal Ideation:
Building Resilience and Attachment in Vulnerable Adolescents (BRAVA)**

Dear Ms. Petticrew,

Once again, we would like to acknowledge our gratitude for the ongoing financial support provided by the Mach-Gaensslen Foundation and we are pleased to provide you with a summary of our recent progress.

Status and Activities:

Research assistant:

2 part-time research assistants currently provide stable infrastructure and support to the BRAVA project with additional staff funding provided by a CHAMO grant.

Study Status:

- We have now completed the feasibility phase of the project and have made several changes and adjustments to the content of the treatment manual and recruitment venues based on our findings.
- Please see attached study PowerPoint presentation which provides the results of the feasibility phase of the study. The results were recently presented at both the Canadian and American Academies of Child and Adolescent Psychiatry conferences this fall where we had the opportunity to network with colleagues involved in similar clinical and research activities across North America. These connections could offer interesting opportunities for collaboration in the future.
- We are currently preparing a manuscript for publication in a peer reviewed scientific journal.

Next Steps:

- We are currently actively recruiting for the full RCT with an anticipated treatment start date of mid November.
- A child and adolescent Psychiatrist will co-lead the parent group with the goal of training psychiatry residents as group leaders for future implementations.



Children's Hospital of Eastern Ontario
Centre hospitalier pour enfants de l'est de l'Ontario

We have found the support of the Mach-Gaensslen Foundation to be invaluable. We look forward to sharing the results of our innovative intervention with you in the future.

Sincerely,

A handwritten signature in black ink, appearing to read 'Allison Kennedy', with a long horizontal flourish extending to the right.

Allison Kennedy, Ph.D., C.Psych.
Psychologist
Mental Health PSU

A handwritten signature in black ink, appearing to read 'Paula Cloutier', with a long horizontal flourish extending to the right.

Paula Cloutier, MA
Research Associate
Mental Health PSU

A handwritten signature in blue ink, appearing to read 'Clare Gray', with a long horizontal flourish extending to the right.

Clare Gray, MD FRCPC
Psychiatrist
Mental Health PSU